

TRIPURA MEDICAL COLLEGE & Dr. B. R. AMBEDKAR MEMORIAL TEACHING HOSPITAL (Managed by a Society registered under Societies Registration Act, 1860 having Registration No 5770 of 2009) Hapania, Agartala, West Tripura - 799 014 Telefax: - 0381-237-3143/237-6657/237-4144, Website: - www. tmc.nic.in Email: - tmc.agt@gmail.com

Telefax :- 0381-237-3143/237-6657/237-4144,

TABLE: FOUNDATION COURSE (ONE MONTH)

SUBJECTS/ CONTENTS	TEACHING HOURS	TOTAL HOURS
1) ORIENTATION.	30	30
2) SKILL MODULE.	34	34
3) FIELD VISIT TO COMMUNITY HEALTH CENTRE.	08	08
4) PROFESSIONAL DEVELOPMENT INCLUDING ETHICS.	40	40
5) SPORTS AND EXTRACURRICULAR ACTIVITIES.	16	16
6) ENHANCEMENT OF LANGUAGE/ COMPUTER SKILL.	32	32
7) TOTAL HOURS.		160.



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FOUNDATION COURSE

1ST MBBS COURSE 2023 -24 BATCH

(One week + spread over 6 months)

<u>Total</u> <u>Hours distribution</u> :.

Subjects/ contents.	Teaching hours
1.ORIENTATION.	30
2. SKILL MODULE	34
3.FIELD VISIT TO COMMUNITY HEALTH CENTRE	08
4.INTRODUCTION TO PROFESSIONAL DEVELOPMENT & AETCOM MODULE	40
5. SPORTS, YOGA & EXTRA CURRICULSR ACTIVITIES	16
6. ENHANCEMENT OF LANGUAGE / COMPUTER SKILL.	32
TOTAL.	160



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Hours distribution: ONE WEEK TOTAL 39 HOURS.

Subjects/ contents.	Teaching hours
1.ORIENTATION.	10
2. SKILL MODULE	07
3.FIELD VISIT TO COMMUNITY HEALTH CENTRE	00
4.INTRODUCTION TO PROFESSIONAL DEVELOPMENT & AETCOMMODULE	12
5. SPORTS, YOGA & EXTRA CURRICULSR ACTIVITIES	02
6. ENHANCEMENT OF LANGUAGE / COMPUTER SKILL.	10
TOTAL.	39

Hours <u>distribution</u>: <u>SPREAD OVER SIX MONTHS TOTAL 121 HOURS.</u>

Subjects/ contents.	Teaching hours
1.ORIENTATION.	20
2. SKILL MODULE	27
3.FIELD VISIT TO COMMUNITY HEALTH CENTRE	08
4.INTRODUCTION TO PROFESSIONAL DEVELOPMENT & AETCOM MODULE	28
5. SPORTS, YOGA & EXTRA CURRICULSR ACTIVITIES	14
6. ENHANCEMENT OF LANGUAGE / COMPUTER SKILL.	24
TOTAL.	121



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TIME TABLE OF ONE WEEK FOUNDATION COURSE, FOR 1ST MBBS OCTOBER 2023-24 BATCH

(CONTACT NO OF CONVENOR FOUNDATION COURSE PROF. SANKAR ROY, HOD .BIOCHEMISTRY =9436126644) DATE/ TIME 8--9AM 9----10AM 10----11AM 11--12AM 12-1----2PM 2---3PM 3----4PM 1PM 03/10/2023/TUESDAY Welcome address to all students by Principal, Introduction to MBBS Programme, Parent Teacher Introduction & Orientation to Hostels 04/10/ 2023 Orientation 1 Skill Module Professional development Language& Orientation 2 L Language& Skill Module 2 The medical profession and The medical profession **1**Train the U & Ethics. Concept of computer WEDNESDAY Train the computer and the physion's role in the physion's role in N professionalism and ethics Skill Skill students on First students on society. society FMT DEPTT. PDE1 \mathbf{C} LANG & COM 2 aids. Ortho deptt. LANG & COM. 1 First aids. Dr. D.P. chakraborty Dr.D.P. chakraborty Н Ortho deptt. Skill Module 4 Skill Module 3 Professional Professional **Professional** Language& Language& HANDLING OF HANDLING OF development & development & 05/10/2023 development & Ethics computer computer BIOMEDICAL WASTE & BIOMEDICAL WASTE **Ethics Ethics** THURSDAY What does it mean to be a skill. Skill PInterpersional management. & management. 5Interpersional LANG & COM 3 LANG & COM 4 doctor? PDE 4 Microbiology Deptt. Microbiology Deptt. relationship. relationship. Dr. D.P Chakraborty. (group activity) (group activity) Dr. Nirmalya Saha Dr. Nirmalva PDE 2 Saha PDE 3 Skill Module 5 Skill Module 6 **Professional** 06/10/2023 **Orientation 3 Orientation 4** Language& Language& Basic life support. Basic life **3development & Ethics** FRIDAY computer computer The MBBS progam. The MBBS progam. DEPTT. ICU support. Beneficence & Non-Skill Skill Dr. Ranjib Ghosh Dr. Ranjib Ghosh LANG & COM 5 LANG & COM 6 malificence. PDE 5 DEPTT, ICU Dr. Sankar Roy. Professional L Professional development 07/10/2023 **Orientation 5** Orientation 6 Fear & Crisis Language& Language& U & Ethics. 3development & Alternate health Alternate health in medical computer computer **SATURDAY** Ethics 7Fear & Ν Consequence of unethical & Skill. Skill. system in the country. education. system in the country. Crisis in medical C unprofessional behavior. Dr. Nabarun Karmakar Dr. Nabarun Karmakar LANG & COM 7 LANG & COM 8 Deppt. education.PDE 6 Η PDE 7 **Psychiatry** Deppt. Psychiatry FMT. DEPTT. PDE 8 HOLIDAY HOLIDAY HOLIDAY HOLIDAY HOLIDAY HOLIDAY HOLIDAY 08/10/2023 **SUNDAY** 09/10/2023 PROFESSIONAL DEVELOPMENT & ETHICS. SKILL MODULE 7 Sports& Extra curricular TALENT SHOW MONDAY WHITE COAT CEREMONY Activities Chairman SFTMC 2 PDE, 7+5=12



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TIME TABLE OF ONE WEEK FOUNDATION N COURSE, FOR 1ST MBBS OCTOBER 2023-24 BATCH

(CONTACT NO OF CONVENOR FOUNDATION COURSE PROF. SANKAR ROY, HOD .BIOCHEMISTRY =9436126644) DATE/ TIME 8--9AM 9----10AM 10----11AM 11--12AM 12-1----2PM 2---3PM 3----4PM 1PM 03/10/2023/TUESDAY Welcome address to all students by Principal, Introduction to MBBS Programme, Parent Teacher Introduction & Orientation to Hostels 04/10/2023 Orientation Orientation Skill Module Professional development Language& Language& WEDNESDAY The medical profession The medical profession Train the U computer computer & Ethics N skill skill and the physion's role in and the physion's role students Concept of professionalism C on First aids. & ethics society. in society Dr. D.P. chakraborty Dr. D.P. chakraborty Ortho deptt. Н FMT DEPTT. Skill Module Skill Module **Professional Professional** Professional development Language& Language& 05/10/2023 HANDLING OF HANDLING OF development & & Ethics development & computer computer What does it mean to be a THURSDAY BIOMEDICAL WASTE BIOMEDICAL WASTE **Ethics Ethics** skill skill Interpersional Interpersional doctor? & management. & management. relationship. relationship. Dr. D.P Chakraborty Microbiology Deptt. Microbiology Deptt. (group activity) (group activity) Dr. Nirmalya Saha Dr. Nirmalva Saha 06/10/2023 Orientation Orientation Skill Module Skill Module **Professional** Language& Language& L The MBBS progam. The MBBS progam. Basic life Basic life U development & Ethics computer FRIDAY computer Dr. Raniib Ghosh Dr. Raniib Ghosh Ν Beneficence & Nonskill skill support. support. C malificence. Н DEPTT. ICU DEPTT. ICU Dr. Sankar Roy. 07/10/2023 Orientation Orientation **Professional Professional** Professional development Language& Language& Alternate health system Alternate health development & development & & Ethics. computer computer **SATURDAY** Ethics Fear & skill skill in the country. system in the country. Ethics Consequence of unethical Fear & Crisis in Crisis in medical & unprofessional behavior. Dr. Nabarun Karmakar Dr. Nabarun Karmakar FMT. DEPTT. Community. Medicine Community. Medicine medical education. education. deptt. Deppt. Psychiatry Deppt. Deptt. **Psychiatry** HOLIDAY 08/10/2023 **HOLIDAY** HOLIDAY HOLIDAY HOLIDAY HOLIDAY **HOLIDAY SUNDAY** 09/10/2023 PROFESSIONAL DEVELOPMENT & ETHICS. SKILL MODULE Sports& Extra curricular WHITE COAT CEREMONY TALENT SHOW activities MONDAY Chairman SFTMC



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Department of Physiology, TMC & Dr. BRAM Teaching Hospital (HOD),

Department of Biochemistry, TMC & Dr. BRAM Teaching Hospital

(HOD),

Department of Community Medicine, TMC & Dr. BRAM Teaching Hospital

(Coordinator, MEU & Member, Curriculum Committee) TMC & Dr. BRAM Teaching Hospital (Principal),

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No. F-3(PO-222) CBME/Notice/SFTMC/2023

Date: /09/2023

TIME TABLE OF FOUNDATION COURSE FOR 1ST MBBS 2023-24 BATCH SPREAD OVER SIX MONTH,

(CONTACT NO OF CONVENOR FOUNDATION COURSE PROF. SANKAR ROY, HOD ,BIOCHEMISTRY =9436126644)

DATE/ TIME	89AM	910AM	1011AM	1112AM	12- 1PM	12PM	23PM	34PM
FRIDAY 24/11//23	Orientation Orientation of student to: Rules & Regulation. Dr. Lakshman Das Deptt. Pharmacology 01	Orientation Facility visits- Library, Hostel, spots ground, common room and facility orientation . three group (Anatomy, Physiology & Biochemistry , 02	Skill Module Train the students on First aids-RTA, Injuries(case scenarios). Dr. Rajib Debnath, Orthopaedic 01	Skill Module Train the students on First aids – poisoning (case scenario). prof. Shyamal sarkar FMT Deptt 02	L U N C H	Professional development & Ethics Identify, discuss and defend, medicolegel, socio- cultural and ethical issues as they pertain to consent for surgical procedure. FMT DEPTT. 01	Language& comp skill English language 01=01=02	
SATURDAY 25/11/23	Orientation Alternate health system in the country. Dr. Anjan Datta, Community Medicie 03	Orientation Alternate health system in the country. Dr. Anjan Datta, Community Medicie 04	Skill Module Train the students on First aids- Electrocaution (case scenarios). FMT. Deptt 03	Skill Module Train the students on First aids- Electrocaution (case scenarios). FMT. Deptt. 04		Professional development & Ethics Identify, discuss and defend ,medicolegel ,socio- cultural ,ethical issuesas it pertain to patient autonomy, patient's right and shared responsibility to patient care. FMT. Deptt 02	Language& comp skill English language 02+02=04	
FRIDAY 29/12/23	Orientation Discuss and appreciate the expectation of the student s from nation, society, institution, peers, patient and vice- versa Dr. Tamal Chakraborty 05	Orientation The national health priorities and policies. Dr. Kaushik Nag, Community Medicine. 06	Skill Module Basic life support (intubation,mask ventilation & Defbrilation) video .ICU ,Medicine 05	Skill Module Basic life support(intubation,mask ventilation & Defbrilation) video .ICU. Medicine 06	L U N C	Professional development & Ethics . what does it mean to be a patient? Dr. Tapan Debnath Biochemistry 03	Language& comp skill English language 04+02=06	
SATURDAY	Orientation The health care	Orientation The health care system and its	Skill Module Basic life Support.	Skill Module Basic life		Professional development &	Language& comp skill	uter



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30/12/23	system and its delivery .Dr.Kaushik Nag "community Medicine. 07	delivery .Dr.Kaushik Nag "community Medicine. 08	intubation,mask ventilation & Defbrilation) video .ICU ,Medicine 07	Support. intubation,mask ventilation & Defbrilation) video .ICU ,Medicine 08		Ethics Identify, discuss and defend ,medicolegel ,socio-cultural ,ethical issuesas it pertain to patient autonomy, patient's right and shared responsibility to patient care. FMT DEPTT. 04	English language programme 06+02=08
FRIDAY 19/01/24	Professional development & Ethics Value of integrity honesty and respect during interaction with peers, seniors and faculty Dr. Nirmalya Saha, Anatomy 05	Professional development & Ethics Value of integrity honesty and respect during interaction with peers, seniors and faculty . Dr. Nirmalya Saha , Anatomy 06	Language& computer skill English language programme 08+01=09	Language& computer Skill English language programme 09+01=10		Sports& Extra curricular activities.(ECA)	Sports& Extra curricular activities. 01+02=03
SATURDAY 20/01/24	Professional development & Ethics Functioning as part of a health care team community Medicine. 07	Professional development & Ethics Functioning as part of a health care team community Medicine. 08	Field visit to CHC. Community M 01+01=02	I edicine		Sports& Extra curricular activities. (ECA) 03+01=04	Sports& Extra curricular activities. 04+02=06
SATURDAY 27/01/24	Orientation The health care system and its delivery. Dr. kaushik Tripura, community Medicine. 09	Orientation The health care system and its delivery. Dr. kaushik Tripura community Medicine.	Skill Module Basic life support. Routes of drug administration, (I.V), Intrathecal, Intracardiac(video). Dr. Ranjib Ghosh, Pharmacology 09	Skill Module Basic life support. Routes of drug administration, (I.V), Intrathecal, Intracardiac(video). Dr. Ranjib Ghosh, Pharmacology 10	L U N C H	Professional development & Ethics Enumerate & describe professional qualities and roles of a physian Prof. Sankar Roy, Biochemistry 09	Language& computer Skill. Local language programme. 10+02=12
FRIDAY	Orientation . Universal	Orientation Universal precaution and	Skill Module Handwashing.	Skill Module Handwashing		Professional development &	Language& computer kill



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23/02/24	precaution and vaccination. Dr. Swarupa Chakma, Physiology 11	vaccination. Dr. Swarupa Chakma, Physiology 12	(Group activities) Dr. Niladri Sekhar Das ,Microbiology, Dr. Dipak Majumder, Anatomy,Dr. Aparna Debbarma, Physiology 11	(Group activities) Dr. Niladri Sekhar Das ,Microbiology, Dr. Dipak Majumder, Anatomy,Dr. Aparna Debbarma, Physiology 12	Ethics Enumerate & describe professional qualities and roles of a physian Prof. Dibakar Dey, Physiology	Local language programme. 12+02=14
SATURDAY 24/02/24	Orientation Carrer pathways and personal growth. Dr Ganajit Debbarma	Orientation Patient safety and Biohazards safety. Dr. Niladri Shekhar Das, Microbiology. 14	Skill Module) Immunisation requirements of health care professionals Prof. Pradip Kumar Das, Microbiology 13	Skill Module) Immunisation requirements of health care professionals Prof. Pradip Kumar Das, Microbiology 14	Professional development & Ethics Describe and discuss the role of justiceas as a guiding principles in patient care. Prof. Sankar Roy, Biochemistry 11	Language& computer skill Local language programme. 14+02=16
FRIDAY 15/03/24	Orientation Principles of family practice Prof. Sankar Roy Biochemistry 15	Orientation Patient safety and biohazard safety. Dr. Niladri Sekhar Das. Microbiology. 16	Skill Module Needle /scalpel stick injuries Dr. Surajit Kr. Das , Surgery. 15	Skill Module Needle /scalpel stick injuries Dr. Surajit Kr. Das , Surgery 16	Professional development & Ethics Describe and discuss the role of justiceas as a guiding principles in patient care. Prof. Sankar Roy, Biochemistry 12	Language& computer skill Local language programme. 16+02=18
SATURDAY 16/03/24	Professional development & Ethics The cadaver is our first teacher. Dr. Suzanne L Colney, Anatomy 13	Professional development & Ethics Doctor patient relationship (Interactive session) Dr. Ganajit Debbarma, Psychiatry 14	Language& computer Skill . Local language programme.	Language& computer Skill Local language programme.	. Sports& Extra curricular activities. 06+01=07	Sports& Extra curricular activities. 07+02=09
SATURDAY 30/ 03/24	Professional development & Ethics Describe and discuss the life long learning as an important part	Professional development & Ethics Describe and discuss the life long learning as an important part ofphysician growth. Prof. J.K.Podder , Paediatrics.	Field visit To CHC Community medi 02+02=04	cine	. Sports& Extra curricular activities. (ECA) DR. Soma Chowdhury Physiology	Sports& Extra curricular activities. 11+02=13



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	ofphysician growth. Prof. J.K.Podder, Paediatrics. 15	16				09+01=11	
FRIDAY 19/04/23	Professional development & Ethics The national health priorities & policies. Prof. Shib Sekhar Datta Community Medicine 17	Professional development & Ethics The national health priorities & policies. Prof. Shib Sekhar Datta Community Medicine 18	Skill Module. Concept Of Biosafety Dr. Jayanta Debnath, Microbiology.17			Professional development & Ethics Identify, describe and discuss the role of autonomy and shared responsibility as a guiding principles in patient care. Community Medicine	Language& computer skill Local language programme. 18+02=20
SATURDAY 26/04/24	Orientation Patient safety and biohazard safety. Dr. Niladri Sekhar Das. Microbiology 17	Orientation Documents pertaining to MBBS course from MCI Dr. Mukut Roy. Medicine deptt. 18	Skill Module. Concept Of Biosafety Dr. Jayanta Debnath, Microbiology 18		L U N C H	Professional development & Ethics Demonstrate understanding of the process group learning and group dynamics. Communith Medicine. 20	Language& computer skill Local language programme. 20+02=22
FRIDAY 27/04/24	Orientation Documents pertaining to MBBS course from MCI Medicine Deptt. 19	Orientation Patient safety and Biohazards safety. Dr. Niladri Shekhar Das, Microbiology. 20	Skill Module Acquire enhanced skill in: Time foundation of communication (group activities) dr. Santanu Ghosh, Psychiatry. 19	Skill Module Demonstrate awareness of significance of documentation in patient care and the proper method of documentation. Community Medicine 20		Professional development & Ethics Describe and discuss the role of physian in health care system. Prof. Dibakar Roy. Physiology. 21	Language& computer skill computer skill and use of information technology 22+02=24
SATURDAY 17/05/24	Professional development & Ethics	Skill Module Acquire enhanced skill in: Time management and stress management (group activities)	Skill Module Acquire enhanced skill in: Time management and stress management (Skill Module Acquire enhanced skill in: interpersonal relationship (Group activities(Professional development & Ethics. Demonstrate and understanding of different methods os	



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	Identi fy and discuss	dr. Santanu Ghosh, Psychiatry.	group activities) dr. Santanu Ghosh,	Anatomy, Physiology and	self directed learning(SDL).	
	medicological ,socioeconomic and ethical issues as it pertains to organ donation (video). Prof. Shyamal ch. Sarkar. FMT. 22		Psychiatry. 21	Biochemistry) 22	PROF. Shib Sekhar Datta. Community Medicine 23	
FRIDAY 18/05/24	Professional development & Ethics	Professional development & Ethics Identi fy and discuss	Professional develop		Skill Module Acquire enhanced skill in:	. Extra curricular activities. (ECA)
	Identi fy and discuss medicological ,socioeconomic and ethical issues as it pertains to organ donation (video). Prof. Shyamal ch. Sarkar. FMT. 24	medicological ,socioeconomic and ethical issues as it pertains to organ donation (video). Prof. Shyamal ch. Sarkar. FMT. 25	,socioeconomic and ethic pertains to organ donation Prof. Shyamal ch. Sarkar	cal issues as it n (video).	interpersonal relationship (Group activities(Anatomy, Physiology and Biochemistry).	13+1=14
FRIDAY 31/05/24	Skill Module Acquire enhanced skill in: interpersonal relationship (Group activities(Anatomy, Physiology and Biochemstry) 24	Professional development & Ethics Identi fy and discuss medicological ,socioeconomic and ethical issues as it pertains to organ donation (video). Prof. Shyamal ch. Sarkar. FMT.deptt. 27	Professional developmer Discuss and define medic sociocultural economic ar it pertains to right equity health care. Physiology deptt. 28	o-leigal, nd ethical issues: as	Skill Module Acquire enhanced skill in interpersonal: relationship (Group activities(Anatomy, Physiology and Biochemistry) 25	Field visit To CHC Community Medicine 04+02=06
SATURDAY 01/06/24		Skil Module Handling biomaterials/ and bio-waste management.categories & types. (videos) Dr. Anup saha, Mcribiology .Deptt. 26 26	Skill Module Handling biomaterials/ and bio-waste managemen Dr. Anup saha Microbiology Deptt.	Skill Module Handling biomaterials/ and bio-waste managemen Dr. Anup saha Microbiology Deptt. 27	Professional development & Ethics Discuss and define medico-leigal, sociocultural economic and ethical issues: as it pertains to right equity and justice to health care.	Field visit To CHC Community Medicine 06+02=08



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			Physiology deptt. 28	

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Department of Physiology,
TMC & Dr. BRAM Teaching Hospital

(HOD),
Department of Biochemistry,
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